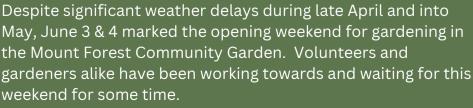
Mount Forest Community Garden Newsletter June 2023

A space for residents of Wellington North to grow food, learn and connect through gardening



Fast Fact: On opening weekend, 750 litres of water was used (for watering) due to the hot & dry conditions! Leading up to opening dayso much progress made by so many volunteers!

Mission:



A lot of hard work went into bringing this dream come true. The photos to the right are just a few images of some of the hard-working crews of volunteers and community members.

Vol .06 Newsletter





What are our Gardeners Saying? When asked how are you today? - Veronica replies, "Whenever I am in the garden I am good."

Whitney says that she loves the smell and the feel of the earth and dirt that she experiences when she is in the garden - right down to her toes.



Ron sees the garden as a high quality project, top level. The Principal and concept of the whole thing provides the gardeners and the community with the opportunity to get back to nature, cleanse their minds and take a moment for their own spiritual wellbeing.

A great place to meet people.

Check out some of the great sights from opening weekend in these photos! Fast Fact: We have 33 Gardeners growing food on 48 garden spaces! Plus community growing spaces!

What are our Landowners/Donors saying?

Having done quite a bit of reading and watching news programs about the economy and Community Gardens over the last couple of years, the subject came up at a family Thanksgiving dinner last year. **Allan & Cathy Sharpe** wondered if there might be a need and interest for a Community Garden in Mount Forest. Connections were made with the Mount Forest Family Health Team, and as they say, the rest is history. The vision began.

Since the work began on the garden itself, Allan & Cathy have visited the site many times and commented on the dedicated work of the volunteers. "Things are really coming along. It is going to be a truly beautiful space."





Some Special Features in the Garden

Our Children's/Family gardening area with garden elements to engage and intrigue young gardeners and help them to learn about growing food

> Elevated and raised garden beds allow ease of access for those gardeners who cannot get down to ground level

Upcoming Events

Saturday, July 22, 2023 10:00 am - 4:00 pm

Mount Forest Horticultural Society Annual Garden Tour

The Community Garden is a stop on this year's Garden Tour Tickets can be purchased at M&M Food Market \$10 - \$15



3:00-5:00 pm *Private Garden Tour for Sponsors and Donors* Expect your Invitations soon

Mount Forest Community Garden Contacts: Community Garden Leadership (CGLC) mountforestgarden@gmail.com

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The Mount Forest Community Garden is an initiative of the Mount Forest Family Health Team.