

Newsletter

February 2023



The Community Garden Leadership Committee in action!

Mount Forest Community Garden Mission Statement

A space for Residents of Wellington North to grow food, learn and connect through gardening



Next Community Meeting

**Thursday
March 9, 2023**

6 pm - 8 pm

**Mount Forest & District Sports Complex
Plume Room (2nd Floor)
Elevator available
850 Princess Street
Mount Forest**

[register here](#)



Growing Season is Coming!

Wiarion Willie told us to expect an early spring, sparking us all to start thinking about the upcoming growing season and getting the Green-Thumb juices flowing.

Activities for the Mount Forest Community Garden continue to progress in anticipation of spring.

The Community Garden Leadership Committee has met twice in February. They have had packed agendas and have made some great gains.

To provide the organization guidance for the work being done by the committee and subcommittees, the Leadership Committee has adopted a Mission statement for the Mount Forest Community Garden,

"A space for residents of Wellington North to grow food, learn and connect through gardening."

Several subcommittees are now in the process of forming and welcome your participation:

- Fundraising, Grants and Sponsorship
- Physical Space and Build
- Events, Education and Wellness

If you want to add your voice and energy to the Mount Forest Community Garden, consider joining one of these committees.



Future site of the Mount Forest Community Garden
taken on February 21, 2023

Stay Connected to MFCG

In addition to this monthly newsletter, watch for ongoing Mount Forest Community Garden updates and information on Pinterest, Facebook, Instagram and the MFFHT web page. We are also hopeful for some local press and media engagement.



Do you want to garden this year?

Are you, your family, group or organization interested in growing a garden in 2023? The Community Garden Leadership Committee is now gathering names. Knowing how much interest is out there will help us with the planning process.

Call or email: 519-321-1181
emann@mountforestfht.com to express your interest.

NOTE: actual applications for Membership will be made available soon.

Did you know?

- Tomatoes ripen with heat, not sunlight.
- Tomatoes are a fruit, not a vegetable.
- Lycopene in tomatoes is good for heart health.



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